

### CATEGORY: NIBBLES

	N	UTRITIO	NAL DA	TA											ALLERG	ENS						
Recipe	Energy (kcal)		Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
BREAD AND OIL NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain									Does contain		Does contain
RED PEPPER HOUMOUS AND PITTA	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain							Does contain		Does contain		
HALLOUMI NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain							
OLIVES & FETA NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g						Does contain							
H&M SAUSAGES NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g								Does contain					
GARLIC MUSHROOMS NIBBLES SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g						Does contain							Does contain
CHORIZO NIBBLES	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain							Does contain

### CATEGORY: SHARERS

	N	UTRITIO	NAL DA	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mi	ıstard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
CAMEMBERT SHARER	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain					Does contain					Does contain		Does contain
NACHOS GRANDE DD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain		Does ontain					Does contain
NACHOS GRANDE CHICKEN DD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							Does contain

## CATEGORY: STARTERS

	N	UTRITIO	NAL DA	TA											ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
HERITAGE TOMATO BRUSCHETTA SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain							Does contain
SCALLOPS SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain	Does contain			Does contain	Does contain					Does contain
TRIPLE SCOTCH EGG SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain					Does contain					Does contain
GAMBAS PIL PIL DD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does Does contain		Does contain							Does contain		
CAULI BOMBS AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain										Does contain	
BRIXWORTH PATE SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain									Does contain		
SOUP OF DAY AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain									Does contain		

### CATEGORY: STEAKS

	N	UTRITIC	NAL DA	TA												ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
FILLET STEAK 80Z	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														
SIRLOIN STEAK 80Z	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g														
RUMP STEAK 100Z SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g									Does contain					Does contain
ADD PRAWNS AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g			Does contain		Does contain		Does contain							
PEPPERCORN SAUCE AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							
BLUE CHEESE SAUCE AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain							
GAMMON & CHIPS AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain					Does contain					Does contain
MIXED GRILL AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain					Does contain					Does contain

# CATEGORY: BURGERS

	N	UTRITIO	NAL DA	TA											ALLERO	ENS						
Recipe	Energy (kcal)		Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustacean gluten	s Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
STEAK BURGER AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain					Does contain		Does contain
NEW ORLEANS CHICKEN BURGER AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain	Does contain		Does contain		Does contain			Does contain		Does contain
LOADED STEAK BURGER AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain					Does contain		Does contain
LOADED CHICKEN BURGER AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain	Does contain		Does contain		Does contain			Does contain		Does contain
MOVING MOUNTAIN BURGER AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain								Does contain	Does contain		Does contain
TOPPING CHEDDAR CHEESE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g						Does contain							
TOPPING BACON CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g													
BURGER TOPPING EGG	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g			Does contain										

### CATEGORY: MAINS

	M	LITRITIO	NAL DA	TA												ALLERG	ENC						
Recipe	Energy (kcal)	Energy			Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Cr	rustaceans	Eggs	Fish	Lupin			Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CHICKEN SUPREME SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		g		Does contain			Does contain							
ROAST PORK BELLY SS2021	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain			Does contain			Does contain							Does contain
ULTIMATE CHICKEN CAESAR SALAD SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain	Does contain		Does contain						Does contain	
BATTERED COD & CHIPS & CURRY SAUCE SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain	Does contain				Does contain				Does contain	
PEA & SAFFRON RISOTTO AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain			Does contain			Does contain							Does contain
BUTCHERS CHOICE SAUSAGE & MASH SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain							
PRAWN, CHORIZO & SPINACH LINGUINE SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain		Does contain		Does contain							Does contain
SEABASS & PANCETTA RISOTTO AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain			Does contain	Does contain		Does contain							Does contain
WILD MUSHROOM LINGUINE SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain							

## CATEGORY: DESSERTS

	N	IUTRITIO	NAL DA	TA											ALLERG	SENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphit
MENU A BROWNIE GF SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g			Does contain			Does contain					Does contain	
SUMMER APPLE & BERRY CRUMBLE SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain						
STICKY TOFFEE PUDDING AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain						

EMON TART SPRING SUMMER																						
											Does	Does			Does							
EMON TART SPRING SUMMER	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		contain	contain			contain							
EANUTBUTTER C/CAKE SS21	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain			Does contain				
CATEGORY: SANDWICH																						
	N	UTRITIC	NAL DA	TA											ALLERGE	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk I	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
MENU C FISH FINGER S/W	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain	Does contain				Does contain			Does contain		Does contain
/EGETABLE CUBAN S/W SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain		Does contain			Does contain		Does contain
MENU B CHICKEN & BACON SANDWICH	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain								Does contain		Does contain
THE CHEESESTEAK SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain		Does contain			Does contain		Does contain
ADD BOWL OF CHIPS	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		contain	Contain			contain		Contain			Contain		Contain
CATEGORY: ON THE SIDE																						
CATEGORY: ON THE SIDE	N	UTRITIO	NAL DA	TA											ALLERGE	ENS						
CATEGORY: ON THE SIDE	Energy (kcal)	Energy			Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin			Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
<b>Recipe</b> SIDE BISTRO CHIPS	Energy (kcal) 0.00kcal	Energy (kJ)	<b>Fat</b> 0.00g	Saturates	0.00g	0.00g	0.00g	0.00g	0.00g	Celery	containing Crustaceans	Eggs	Fish	Lupin			Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
<b>Recipe</b> SIDE BISTRO CHIPS	Energy (kcal)	Energy (kJ)	Fat	Saturates	0.00g	0.00g	0.00g	0.00g			containing Crustaceans gluten	Eggs	Fish	Lupin	Milk I		Mustard	Nuts	Peanuts		Soya	Sulphite
Recipe I SIDE BISTRO CHIPS MENU A SIDE SKIN ON FRIES	Energy (kcal) 0.00kcal	Energy (kJ) 0.00kJ 0.00kJ	0.00g 0.00g	Saturates	0.00g 0.00g	0.00g 0.00g	0.00g 0.00g	0.00g 0.00g	0.00g	Celery  Does contain	Crustaceans gluten  Does contain	Eggs	Fish	Lupin	Milk I		Mustard	Nuts	Peanuts	Sesame Seeds Does contain	Soya	
	Energy (kcal) 0.00kcal 0.00kcal	Energy (kJ) 0.00kJ 0.00kJ 0.00kJ	0.00g 0.00g 0.00g	Saturates 0.00g 0.00g	0.00g 0.00g 0.00g	0.00g 0.00g 0.00g	0.00g 0.00g 0.00g	0.00g 0.00g 0.00g	0.00g 0.00g	Does	containing Crustaceans gluten	Eggs	Fish	Lupin	Milk I		Mustard	Nuts	Peanuts	Does	Soya	Does contain
Recipe  J SIDE BISTRO CHIPS  MENU A SIDE SKIN ON FRIES  SIDE GARLIC BREAD & CHEESE	Energy (kcal) 0.00kcal 0.00kcal	Energy (kJ) 0.00kJ 0.00kJ 0.00kJ	0.00g 0.00g 0.00g 0.00g	0.00g 0.00g 0.00g	0.00g 0.00g 0.00g 0.00g	0.00g 0.00g 0.00g 0.00g	0.00g 0.00g 0.00g 0.00g	0.00g 0.00g 0.00g 0.00g	0.00g 0.00g 0.00g	Does	Crustaceans gluten  Does contain Does	Eggs	Fish	Lupin	Milk I  Does contain  Does		Mustard	Nuts	Peanuts	Does	Soya	Does

	N	UTRITIO	NAL DA	TA												ALLERG	ENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mu	stard Nu	s Peanul	Sesame Seeds	Soya	Sulphite
SUNDAY LAMB ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain						Does contain
SUNDAY PORK LOIN ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain						Does contain
SUNDAY STRIPLOIN ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain						Does contain
SUNDAY LEMON & THYME CHICKEN ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain						Does contain
SUNDAY TRIO ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain						Does contain
VEGAN LEEK & MUSHROOM PIE ROAST SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain					Does contain	
B FARMYARD ROAST PORK LOIN, SIRLOIN OF BEEF, LAMB & CHICKEN	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain			Does contain		oes ntain				Does contain
MENU A PIGS IN BLANKETS AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain										Does contain	
MENU A YORKSHIRE PUDDING SIDE AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain		Does contain			Does contain						
MENU A CAULIFLOWER CHEESE AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain					Does contain						
MENU A STUFFING SIDE AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain		Does contain									

# CATEGORY: KIDS

	N	UTRITIC	NAL DA	TA											ALLERO	SENS						
Recipe	Energy (kcal)		Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphite
KIDS RED PEPPER HOUMOUS SS20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g									Does contain		Does contain		Does contain
MENU A KIDS GARLIC & CHEESE FLATBREAD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain				Does contain							
MENU C KIDS HEINZ TOMATO SOUP	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g						Does contain							
MENU A KIDS CAESAR SS19	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain						Does ontain	
KIDS LINGUINI CD	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain							
MENU A KIDS BATTERED FISH N CHIPS	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain	Does contain		Does contain		Does contain					
B KIDS CHICKEN GOUJONS & PEAS	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain		Does contain				Does ontain	
MENU A KIDS SAUSAGE & MASH	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain				Does contain							Does contain
MENU A BURGER KIDS CHEESE SS19	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain	Does contain			Does contain						Does ontain	Does contain
KIDS CAULIFLOWER BOLOGNAISE AW20	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain											Does contain
MENU A KIDS ROAST BEEF AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain							Does contain
MENU A KIDS ROAST PORK AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain							Does contain
MENU A KIDS ROAST CHICKEN AW18	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain	Does contain	Does contain			Does contain							Does contain

### CATEGORY: ADDED FROM RECIPE

	I.	IUTRITIO	NAL DA	TA											ALLERG	ENS						
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs N	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CHICKEN PAKORA	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain												

### CATEGORY: ADDED FROM RECIPE

	NUTRIT	IONAL DA	TA											ALLERG	ENS						
Recipe	Energy Energy (kg)	y Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Cereals Celery containing	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
CAULIFLOWER BOMBS	0.00kcal 0.00kj	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does contain		Does contain									Does contain	

## CATEGORY: ADDED FROM RECIPE

	NUTRI	TIONAL D	ATA											ALLERG	ENS					
Recipe	Energy Ene	rgy  ) Fat	Saturate	s Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
SUPERFOOD SALAD	0.00kcal 0.00l	kJ 0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g		Does contain										

## CATEGORY: ADDED FROM RECIPE

	NU	UTRITIO	NAL DA	TA						ALLERGENS											
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing Crustaceans gluten	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
MEDITERRANEAN BAKED AUBERGINE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g			Does contain			Does contain						Does contain

CATEGORY:	ADDED	FROM	RECIPE

NUTRITIONAL DATA	ALLERGENS

Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing C gluten	rustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
RHUBARB PANNA COTTA	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g							Does contain						

## CATEGORY: ADDED FROM RECIPE

	NUT	FRITIONA	AL DATA	A												ALLERG	ENS						
Recipe	Energy Energy (kcal)	nergy (kJ)	Fat S	Saturates (	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
BLADE OF BEEF	0.00kcal 0.	00kJ 0.0	00g 0	0.00g (	0.00g	0.00g	0.00g	0.00g	0.00g				Does contain			Does contain							Does contain

### CATEGORY: ADDED FROM RECIPE

	NUTRITIONAL DATA														ALLERG	ENS					
Recipe	Energy (kcal)	Energy (kJ)	Fat	Saturates	Carbohydrate	Sugars	Fibre	Protein	Salt	Celery contain	ing Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphites
LS LASAGNE	0.00kcal	0.00kJ	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	0.00g	Does Does contain conta	n	Does contain			Does contain				Does contain		Does contain